



Welcome to the NIA

Planned changes to the 2008 and
2009 competition structure

A horizontal collage of images related to gymnastics, including a gymnast in a blue and yellow leotard performing a handstand, a group of gymnasts in white uniforms, and a gymnast in a blue and yellow leotard performing a handstand.

HISTORY

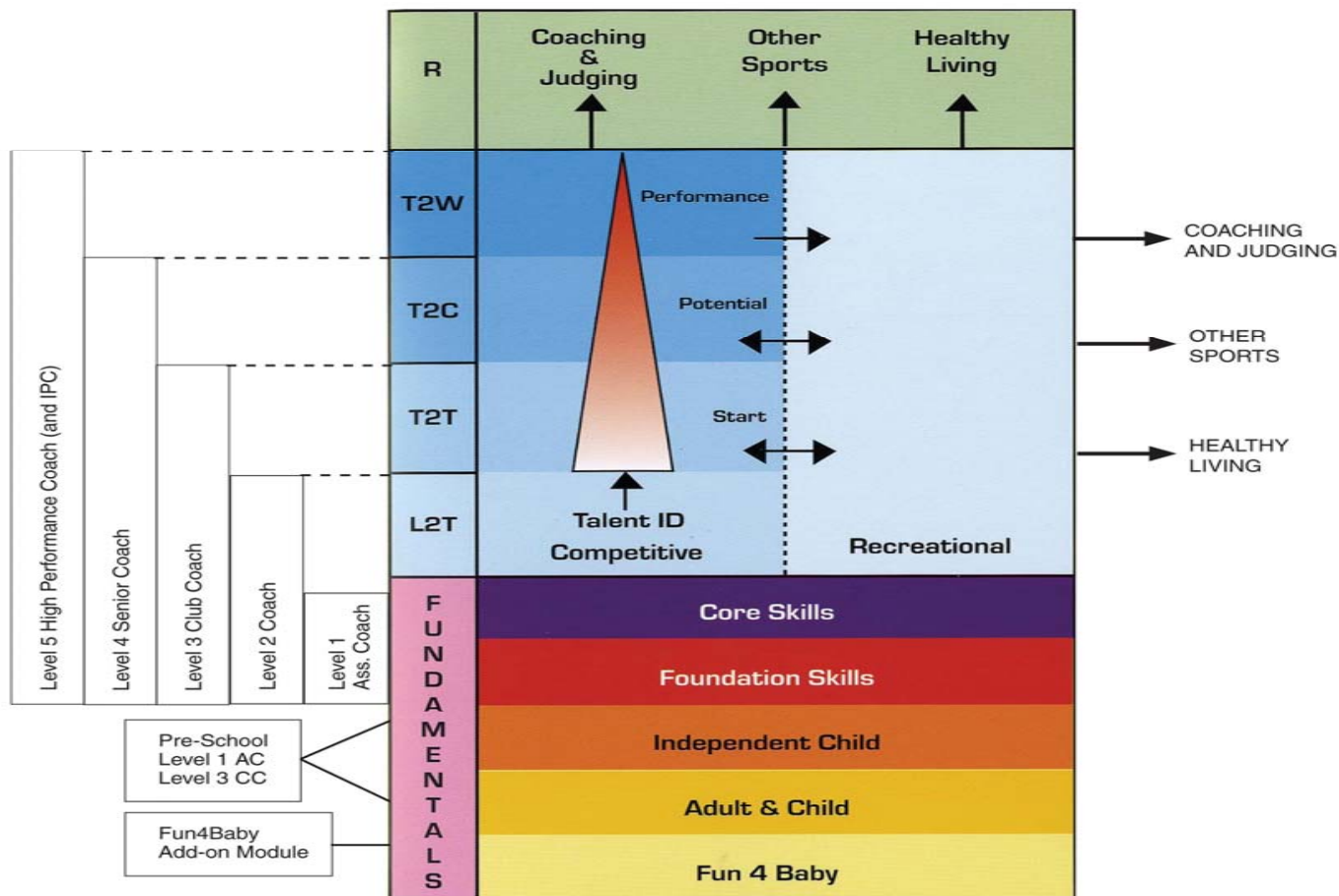
- May 2006 – Pilot studies and ideas were generated
- Jan 2007 – The draft system was announced at the BG Technical Conference.
- April 2007 – 11 proposals were produced and presented to the NTTC
- May 2007 – NTTC suggested alterations and approved proposals
- June 2007 – Final approval at the BG Joint Technical Committee
- July 2007 – Information published in the Gymnast magazine and presentation given at National Finals



COMPETITION CHANGES

- 2008 will be a big year for competitive trampolining in the UK. Today's competition structure, which was introduced in a huge change during 1993/94 to solve problems of the late 1980s, will be replaced by a new scheme designed for the 21st century.

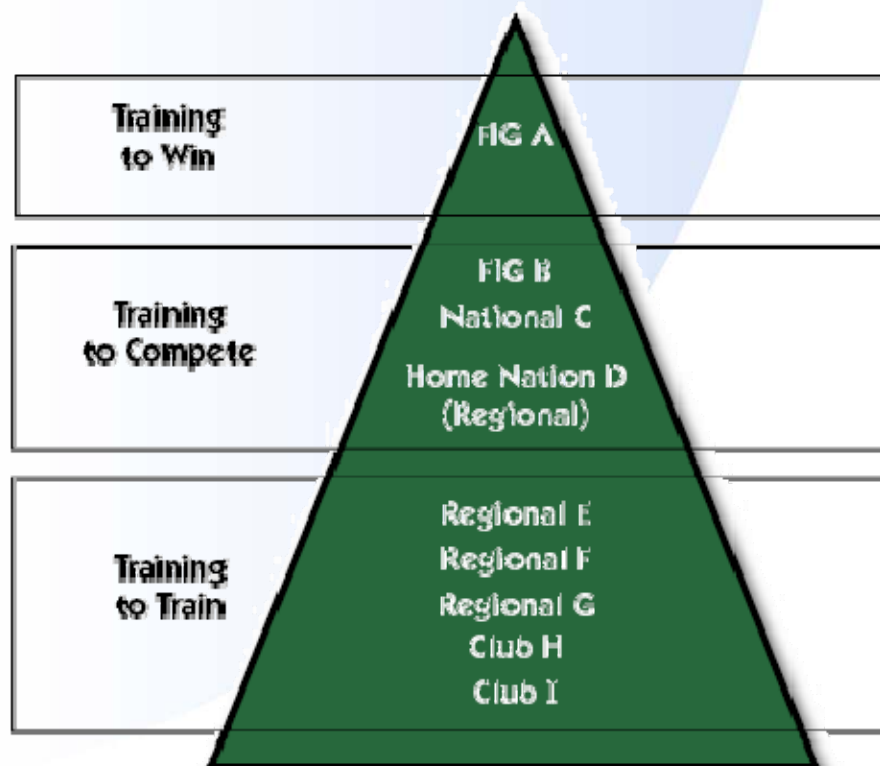
LTAD and Qualifications Pathway



LTAD & COMPETITION

Trampoline Gymnastics

Major Improvements for Trampolining Competitions
2008/2009



A horizontal banner at the top of the slide shows a collage of gymnastics-related images: a gymnast in a blue and red leotard performing a handstand, two female gymnasts in blue leotards smiling, a male gymnast in a blue and yellow leotard performing a handstand, and a group of people in white tracksuits, some holding trophies.

Gala Weekends

- The current Grade 1 and Grade 2 to compete on the same weekend
- DMT & Synchro to become part of circuit
- 5/6/7 Gala weekends each season
- Six month season January – July (FIG & Nat)
- 3/4 Regional events Jan/March/May/June plus another 1 in the off season – October.
- New home nation event (off season).



(Nomenclature)

OLD GRADE	NEW GRADE	
Grade 1 Seniors	FIG A	NATIONAL
Grade 1 Age Groups	FIG B	
Grade 2	NATIONAL C	
Grade 3	HOME NATIONS/REGIONAL D	REGIONAL
Grade 4	REGIONAL E	
Grade 5	REGIONAL F (Start Point)	
Grade 6	Club G	CLUB
Grade 7	Club H	
GMPD	GMPD A- D	

Where is my equivalent Routine?

	U9	U11	U13	U15	U17	U19	O19
Mens/Ladies					FIG A		
Grade 1	Home Nation/Regional D		National C		FIG B		
Grade 2	Regional E			Home N/Reg D	National C		
Grade 3	Regional F		Regional E		Home Nation/Regional D		
Grade 4	Regional G				Regional F		
Grade 5	Club H				Regional G		
Grade 6 & 7	Club I						

A collage of images showing gymnasts in various poses and settings, including a group of athletes in white uniforms and a gymnast in a blue leotard performing a move.

Method of Movement

- Old system of scores now replaced by points gained by position.
- Top 20% gains +1 point
- Bottom 20% loses -1 point
- +2 points for upgrading (nothing higher)
- - 2 points for downgrading
- No longer for a season.....
- All grades no mandatory movement up, but down is mandatory. +2s removed from points process...



Number	Name	Score	Current Pts	Additional Pts
1	A Andrews	58.8	+1	+1 = +2
2	B Barrow	58.1	-1	+1 = 0
3	C Carter	58.0	+1	0 = +1
4	D Dillon	57.7	0	0 = 0
5	E Edwards	56.3	+1	0 = +1
6	F Flynn	55.5	0	0 = 0
7	G Graham	55.3	0	0 = 0
8	H Henry	52.2	0	0 = 0
9	I Iles	51.1	+1	-1 = 0
10	J Jackson	29.0	-1	-1 = -2

Method of Movement

- Once promoted/relegated, the competitor will enter the trial phase.
- A competitor will start a higher grade on -1 , in order to maintain their status, they must avoid the relegation zone
- A competitor will start a lower grade on $+1$, they must attain a place in the promotion zone to rejoin the higher level.
- A competitor's score is set to zero after either successfully avoiding the relegation zone or unsuccessfully achieving the promotion zone.

Nationals Qualification

- National Finals will be a 3 day event that will host Trampoline, Synchronised Trampoline and Double Mini Trampoline events across FIG A, FIG B and National C
- In line with the promotion/relegation system, nationals qualification will be achieved in line with a placing.
- Provisionally, a top 50% place will qualify to nationals
- After a competitor attains their qualification to nationals, they will keep this for the season.
- They can be subsequently promoted/relegated but providing they finish the season in the level they achieved the qualification, they will be entitled to attend the national finals.
- FIG A will have the opportunity to voluntarily relegate themselves in order to attain a national finals place in FIG B



Nationals Qualification

- Anyone taking voluntary relegation will start the new level on zero points.
- Points cannot be gained or lost at National Finals
- FIG A will compete for the British titles
- FIG B qualifiers will compete at the British Age Games
- Junior FIG B will be split into U13 and U15
- Senior FIG B will be split into U17 and O17
- National C will be split into the same age groups as FIG B and will compete in the National C Age Group Finals

Rules

- Each grade has a start notation FIG or Club etc. That dictates the rules that apply.
- The NTTC will release changes to rules at all levels. (not for clubs to invent their own).

ROUTINES

- **FIG A**

FIG A Requirements

- **FIG B**

FIG B Requirements

- **National C**

9 Somersaults, Body Landing and Rudolf or Full or Double

- **Home Nations D**

7 Somersaults and Full or Body Landing

ROUTINES BELOW NOT YET AGREED

To be agreed before October 2007

Groups

- Groups now relate more to skill level than age.
- FIG A – 1 group min age 15 (Can only be attained through FIG B Senior)
- FIG B & NATIONAL C – 2 groups known as Juniors (U15) & Seniors (O15), min age 8 (BG minimum)
- REGIONAL – Groups must be split into at least Juniors (U15) & Seniors (O15). Additional groups may be added but promotion is attained after the amalgamation of any subsequent splits.
- CLUBS – For Regions and/or Clubs to determine.

Logbooks

- Non-mandatory logbooks will be available for download Jan 2008
- Manage and control skills and movement in grades.
- Will help region to sort out anomalies
- Test the process as it is our intention to make these mandatory in the future.

Key Dates

- 1.1.2008 - 1st Set of Comp changes
 - Gala weekends, Synch DMT wherever possible.
- 1.10.2008 - 2nd Set of Comp changes
 - All routines, Grading system.
- 1.1.2009 - 3rd Set of Comp changes
 - Refine & include G1s
- 1.10.2009 - Final Set of Comp changes
 - Review judging and refined.
- Similar dates for other work up until 1.1.2010



Thank you for your patience and
please feel free to ask your
Questions